



# Nursing Bulletin

May 2024

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## Focus Board Games

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### Sepsis Game



### Dysphagia Game



### The Stroke Game



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## Articles

### How to undertake a scoping review

#### **Nursing Standard, 7<sup>th</sup> May**

This article provides a concise guide for nurses planning to undertake a scoping review, explaining the various steps involved.

### What sepsis guidance update means for you

#### **Nursing Standard, 39, 5 pp. 11-12**

National guidance on sepsis treatment has been updated to ensure antibiotics are being used in a more targeted way for people at higher risk of severe illness or death.

### Diabetic bladder dysfunction

#### **British Journal of Community Nursing Vol. 29, No. 5 pp.232-237**

This article uses a case history approach to examine how diabetes can affect the bladder.

### Night staff fatigue

#### **British Journal of Healthcare Assistants Vol. 18, No. 5 pp. 166-170**

This survey aimed to: identify what fatigue management strategies have been utilised among night staff in an acute NHS trust; examine the attitudes towards, and culture surrounding, power naps; identify the prevalence of associated risk for patients and staff wellbeing; and identify current barriers to fatigue management. This article aims to utilise the information gathered to make recommendations for optimising fatigue management among night staff within a hospital environment.

### End of life care: how nurses can use a compassionate approach

#### **Nursing Standard, May 28<sup>th</sup> 2024**

The article emphasises the importance of considering each person's symptoms and concerns through the lens of compassion to address pain, fear and distress. While the focus is on caring for people who are approaching the end of life...

### Nurse-led oscillating positive expiratory pressure (OPEP)

#### **Independent Nurse Vol. 2024, No. 5 pp. 12-13**

Emma Rickards looks at new forms of airway clearance techniques, and how patients take to them

### Empowering advanced clinical practitioners in managing acute dermatological emergencies

#### **British Journal of Nursing Vol. 33, No. 10 pp. 448-455**

This article aims to provide guidance to trainee and qualified ACPs, whether in acute hospital settings or primary care, in understanding the essential aspects to consider when consulting with patients presenting with acute dermatological emergencies.

### Investigating the retention and attrition of emergency care advanced clinical practitioners in the UK

#### **International Journal for Advancing Practice Vol. 2, No. 2 pp. 90-96**

The aim of this scoping review is to investigate what is already known about retention of ACPs in EC and examine why ACPs leave EC for other areas of practice.

### The law in relation to safeguarding and the community nurse

#### **British Journal of Community Nursing Vol. 29, No. 6 pp. 268-270**

In this article, Iwan Dowie discusses the role of the community nurse in relation to safeguarding. The key principles of safeguarding are discussed, and how the community nurse can approach various incidences where they feel their patients may be at risk.



### Reducing the burden: managing lymphoedema and its complications

**British Journal of Community Nursing Vol. 29, No. 6 pp. 296-300**

This article looks at the eight most common complications, providing advice on how to manage them, derived from the literature and the author's own experience. It also presents advice on how nurses can promote self-management of these complications, promoting patients' self-care.

### Caring for Transgender patients in the ICU: Current insights for equitable care

**Intensive and Critical Care Nursing Vol, 82, June 2024, 103657**

There is ever more focus on issues surrounding Transgender/Trans people and their healthcare needs, and while there is a dearth of evidence related to Intensive Care, this paper aims to address considerations for ICU nurses when caring for Trans patients.

## Royal Marsden Manual

If you'd like to know more about the Royal Marsden Manual (RMM) online and how to use it join one of the free 30 minute webinars held by Wiley trainers. Please find below the session dates and times.

- This webinar provides comprehensive guidance on using the RMM efficiently, including an overview of what you can use it for and useful tips.
  - Discover how to easily search and browse the online content, with step by step guides to over 350 evidence based clinical procedures and skills.
  - Learn how to navigate the manual effectively, run searches for specific procedures, and access valuable resources for clinical nursing practice.
  - Find out how to download illustrations for presentations and training.
  - A mobile phone friendly resource that can be used on the go and an invaluable tool to help you in your day to day role, help support revalidation and audits.
  - The webinar offers a Q&A session for help with any questions and provides attendees with a certificate of completion.
- 
- Wednesday 15 May 11:30am
  - Thursday 18 July 11:30am
  - Tuesday 24 September 11:30am
  - Thursday 14 November 11:30am.

Register for one of these dates here:

<https://register.gotowebinar.com/rt/4954239303183456602>

## Library services

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<https://www.nhslincslibrary.uk/knowledgeshare-request/>



### **Evidence Searching Training**

If you need evidence we can provide training on how to search the healthcare databases and resources. We can also show you how to appraise the information that you find. To book a training sessions please contact [clinical.libarian@ulh.nhs.uk](mailto:clinical.libarian@ulh.nhs.uk). More information can be found at <https://www.nhslincslibrary.uk/page/training/>

### **Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>

### **The Royal Marsden Manual Online**

The [Royal Marsden Manual Online](#) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org.uk/>